



ACTIVITY INFORMATION FORM

REDLAND BUSHWALKERS CLUB INC.

TYPE OF ACTIVITY		No. LIMIT		LEADERS NAME	
EVENT:	DATE:	GRADING:		CONTACT PHONE EMAIL ADDRESS	
LOCATION			EMERGENCY CONTACT OFFICER: PHONE No:		COSTS:
MEETING PLACE:			TIME:		MAPS
					PERMITS REQ.

WALK GRADINGS:

Distance		Terrain		Fitness	
S	Short Under 10km per day.	1-3	Graded track or open terrain, no scrub.	1-3	Easy, suitable for beginners.
M	Medium 10-15km per day.	4-5	Off track, bush, minor scrub, rainforest, rock hopping, minor scrambling.	4-5	Medium, Reasonable fitness required.
L	Long 15-20 km per day.	6-7	As above + thick scrub. Major rock scrambling using hands.	6-7	As above + agility required.
X	Extra Long 20km+ per day.	8-9	As above + rope and technical ability required.	8-9	Hard strenuous, fit walkers only.

DETAILS (description of activity)

SKILLS REQUIRED

Equipment required outside of usual activity requirements (see website for these details)

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The above details are the minimum conditions and requirements for the activity and the circumstances of the activity could change on the day of the activity.

On completion of activity all completed forms to be returned to **Outings officer**