

March 2010

Next Club Meeting

WEDNESDAY 14TH APRIL ANNUAL GENERAL MEETING

7:00 for 7:30 start

Indigiscapes Centre, Runnymede Street Capalaba

President's Report

President's report will be presented at the AGM.

Note from the Editor: I would like to thank Denise for all her hard work as President this year and we wish her a speedy recovery with her recently broken leg. She will have lots of spare time to catch up on emails while she is house bound.

Upcoming Activities

WHERE: Binna Burra to O'Reillys Bus Trip

WHEN: 18 April 2010

Reminder to Fellow Bus Travellers

This is a reminder to pay all outstanding money for the bus trip. Last payments must be paid by/on 14 April 2010 at the meeting.

Scheduled Pickup points:

Starting at the KFC bus stop, Old Cleveland Road, Capalaba at 5.30am, picking up at Cleveland Train Station soon after 5.35, then at Bunker Road Victoria Point Shopping Centre bus stop at around 5.50am, and travelling direct to Binna Burra. Estimated time of arrival at Binna Burra is 7.45am.

What to bring

- Enough food for morning tea, snack and lunch – if time permits and we haven't gone over time allowed we will be stopping at the Alpaca Farm café for afternoon tea.
- At least 3 litres of water

- Normal pack equipment eg, first aid kit, raincoat, jumper, poles etc.

Dress rules on the bus:

- Wear clean walking boots and walking clothes on the bus going down, so we are all ready to go when we get there.
- Change out of boots and wet or dirty clothes prior to boarding bus for return trip home. Bus company rules.
- Also you must to bring with you is a Sense of Humour!!!

Any queries please call Kerrie 3822 7259



WHERE: O'Reilly's to Rat a Tat – through walk.

WHEN: 17th – 18th April 2010

Approximately 5 hours walking starts with 5kms along the border track then at the junction we take the Albert River track.... this track winds along the edge of the escarpment to Echo Point – a good spot for morning tea with excellent views across the Tweed Valley to Mt Warning. 160 m further on we leave the graded track and walk through Echo Point Campsite, to find a reasonably well defined footpad that heads uphill past a stand of stately beech trees to the summit of Mt Worendo, down to the saddle and up again passing the several false summits to the crest of Mt Wapawn then a long down wards walk until the track levels out. Rat a tat is marked by a tin sign taped to a tree – the steep descent opens onto a tiny but beautiful campsite complete with permanent running water.

When darkness falls a nearby mud bank is illuminated by numerous glow-worms.

This is not a beginners through walk due to the terrain – but if you have done a through walk previously you might like to consider this one. Depending on our party; after arriving and pitching our tents we might explore the track towards Throakban. On Sunday we have the option of returning the way we came or choosing to take the longer route via the waterfalls of the Albert River.

If you are interested in joining us, and for more information please contact: Betty 0408129241, or Hilary R. 0415526910



KIDS CAMP

WHERE: 16TH, 17TH AND 18TH OF APRIL 2010

WHEN: NOT FAR FROM BRISBANE

SPRING GULLY STAYS, JUST OUTSIDE OF CANUNGRA AT THE BASE OF THE MOUNTAIN BEFORE HEADING UP TO O'REILLY'S.

\$20/Adult/Night, \$10/Child/Night (3-14 yrs) in the Safari Tents, that are onsite.

The tents have bunks in them with mattresses.

All you need to bring is bedding and food and the rest will be fun and laughter.

It is cheaper if you would like to take your own tent.

Payment due at the Club meeting please so that we can secure the venue.

Please come along and have a great weekend with your children, grand children, nieces, nephews or neighbours.

Leaders: Denise M and Denise K (3286 5471) if any questions or reply dkolcze@bigpond.com

Activity Reports

Where: Pages Pinnacle changed to Warrie Cct.
When: 7 March
Leader: Mats Anderson

There was a disappointed moan from my ten keen companions, when I announced that the exciting razorbacks of Pages Pinnacle was to be exchanged for 16km of leech wrestling on the Warrie circuit. We continued up the road to Springbrook, and were soon enjoying the sight (and sound) of dozens of waterfalls as we made our way along the escarpment and down into the valley towards the meeting of the waters.

Just in time for lunch, it started raining, so we decided to postpone lunch until we reached a cave at the bottom of the escarpment, so up, up, up, we zig zagged in the rain. The relative dryness of the cave was very welcome when we reached it. We did not linger there too long though, leeches are hungry at that time of day too.....
Leeches, and what to do about them was a hot topic of conversation, as you might guess, and a variety of strategies was employed to try to stave them off, with mixed success.

Tracy tried the barrier method, she came dressed in black nylon stockings, and while it repelled leeches, it attracted the boys instead, you just can't win!

Hilary tried spraying with salt water, which seemed to work, but since we had to wade the creeks, the salt water got washed off. Wayne, on the other hand, decided to embrace them (the leeches that is – not Tracy and Hilary) in true love thy neighbour style.

Judging from the three frankfurter sized wriggles that rolled to the ground with a satisfied burp when he removed his gaiters at the carpark, he had succeeded in making new friends.

After a nice walk, you need a nice cup of coffee, and after a bit of confusion, we found a café near the turnoff to Purlingbrook falls. It had a lovely verandah, I have now exhausted the supply of positive things to say about it. We decided that they probably served us the worst coffee in bushwalking history, it was so bad that we decided to stop at Wild Bean in Coomera, just to remind our tastebuds that we had not deserted them.

A good time was had by all: Tracy, Judy, Betty, Hilary, Alison, Jillian, Laurel, Rob, Ted, Wayne, and I.
Mats Andersson, walk leader.



Where: Lower Brisbane Forest Survey
When: 14th March
Leader: Tracy Ryan

We all had a great day but it was unanimously decided that it would not be appealing with a heavy pack on one's back as two hills in particular were very steep and seemed endless. Even though a lot of the walk was along fire road breaks particular attention needed to be taken with the map reading as the terrain was fairly unremarkable. Tracey's navigation was spot on and out we popped at the local dump where we amused ourselves amongst the junk while Errol and Ted did a car shuffle. We then retired to the Samford Pub"

Kind regards Rebecca Johnston



What: Mt. Cootha Track Walk

When: March 14th

11 keen bushwalkers arrived at Silky Oaks car park Mt Cootha and set off at 8am. A steep hill to start the day and a very steep down section on Kokoda Trail, lots of energy was required so morning tea was enjoyed with Jam drops supplied by the generous Louise. Check out the caterpillars we saw on the track.

We zig zagged back up the hill to Channel 9 then followed the road a way then back on track through to Sampson Falls and surprisingly there was water running over the rocks (never seen before in the last 4 years). Rocks and track were slippery in parts and walkers came down even with sticks. The raincoats went on a few times but wasn't too heavy. Lunch back at the car park picnic shelter replenished our bodies where everyone enjoyed each others company. Half of the group stayed for refreshments in a French Patisserie. Thank you all for a most enjoyable walk Anne, Mike, Steven, Roanna, Carmel, Narelle, Brian, Greg, Louise, and Dudley. Many thanks to Steven for his assistance as tail end Charlie throughout the day. I look forward to enjoying your company again on future walks.



Just waiting???????????????



Walking wounded??????

Walk Leader: Kerrie Coulter



Where: Enogerra Catchment Brisbane Forest Park

When: 27 March

Leaders: Denise K & Sue R

Eight members started out early for a short but picturesque walk around the edge of the Enogerra Creek Catchment This is a haven for bird life and one of our new members managed to hear/see 12 different bird species. There were also wonderful mirror images over the still waters of the dam. This was a great introduction for a couple of new members, lots of chatting and getting to know each other.



Where: Ipswich Heritage Bike Ride
When: Sunday March 28th
Co-ordinator: Vivien Carlsson

On Sunday 28 March, five of us set out to ride the 50km or 100km cycle from Ipswich University along country roads and back. Vivien in the 50km ride, Hilary, Ted, Laurel and Michael in the 100km ride. Unfortunately Denise missed out on the ride by breaking her ankle the night before – what an excuse!! What a wonderful day we had – fantastic weather, a tremendous community event and a great celebration of cycling. There were approximately 800 participants.

Approximately \$80,000 was raised of which over 90% will be forwarded to nominated charities, especially the Ipswich Hospital Foundation, as well as many causes supported by Lions Clubs.

It is only hoped that the event will continue to grow in the years to come. Next years date for the event will be announced in the next few months. We hope to encourage more members to participate in the ride in the future.



What: Toolona Creek Circuit Walk
When: 28th March
Leader: Dudley Reid

The weather was fine and sunny as 17 walkers gathered at O'Reilly's for this (twice weather delayed) walk. The signs for a good day increased as a group of strangers offered me money. Unfortunately, they turned out to be from BBW, who were also doing the walk.



With that sorted out we set off before the other group, but they went past us as we stopped for a photo opportunity. We did the detour into Elabana Falls as the BBW group were leaving there and did not see them after that. The falls were flowing strongly, making access to the upper level a bit difficult for some of our group, although some made the climb. We continued on, down to the first of a dozen creek crossings. The water level was enough to ensure a little extra caution on the crossings, but we all managed to stay dry for the day. The track was still a bit muddy in places, and the rocks were slippery, but we made it through the day with only a couple of minor slips and stumbles. There was one camera dropped in the creek though.

A French walker carrying a through pack caught up to us at one of the crossings, and, grateful for some assistance, stayed for the rest of the walk, including coffee at the alpaca farm.

Once back on the Border Track, we detoured to Wanungara Lookout for lunch, where we were joined by Mats and his group returning from their through walk. After a chat with them, we resumed our trek – mainly down hill, back to O'Reilly's, and on to coffee.

For some of the group, this was the first time on this circuit, and all enjoyed it. Thank you to the whole group for a good day out, and just for something different, only one leech all day.



The following email was received from our French companion:

Dear Redlands Bushwalkers, dear friends,

Thank you so much for taking me under your wing on the Toolona Creek Circuit today. Without your company, who knows where I might have ended? Between a rock and hard place in the creek? (lol)

You have all been so friendly and helpful. Special thanks to the 3 real gentlemen who guided my drive to Alpaca Farm cafe and to the M4.

Kindest regards, Françoise

P.S. Your website is gorgeous and very functional...

I really think I am going to join your group!



An Evil Experiment by Mats

I read somewhere that leaders of cults brainwashed their followers mainly by deprivation of all that the average person takes for granted, such as sleep, food, and rest.

The prospect of having a willing disciple cleaning my gutters and weeding the garden, with the only reward being half a slice of stale bread, and a ten minute nap on the dog bed was very enticing, so I decided to perform an experiment.

I cleverly disguised it as a bushwalk, and got six people signing up.

Unfortunately, Nigel and Tracy saw through my ruse, and bailed out after two hours, just as well, scientists are the scourge of evil cult leaders.

With the remaining four victims (Betty, Judy, Rebecca and Marika) in tow, I went up the ridge, through the scunge, down to the creek, up the waterfall, up the ridge, got stuck in the scunge, down through the vines and nettles, across the river, up the zigzag and along the bitumen to Binna Burra for 12 hours.

Did it work? You bet!

My companions congratulated me about how clever a leader I was, that I organised a walk where they could sleep in a REAL BED! Not a single one drew the conclusion that they were sleeping in a real bed on Thursday night, with nothing more strenuous for activity than pushing a shopping trolley across the Coles car park.

So, next time you have a flash of clarity, and find yourself stuck on a ledge, up a precipice in the rain, and a voice from far, far above you chirps: -Oh, Fantastic, we are almost half way up! -Ask yourself this question: -Who is playing with my mind?

With the experiment concluded, Sunday was a more leisurely pursuit, pretty uneventful until we came to Wanungara Lookout at lunchtime, where we bumped into Dudley and his 16(!) followers. Mate, I am impressed, how do you do it?

Just a hint from leader to leader; Dudley, work them a bit harder next time, and you will never have to mow your grass again!

Mats Andersson, leader.



Interesting snippets

Heart Foundation Brisbane Heart Week Walk

When: 8.30am Sunday 2 May 2010

Where: Orleigh Park, West End

Event: Walk from West End to Victoria Bridge and return for BYO morning tea

Bring Picnic morning tea - BBQ facilities, toilets and playgrounds available

RSVP Please contact Anita on 3872 2523 or at anita.cromb@heartfoundation.org.au by

www.heartfoundation.org.au

West End to Victoria Bridge: Distance: 4.5km one way

Map and details can be seen on website or contact Louise Leonardi 3287 1372



Hi,

We are from Stowaways Adventure and were hoping that you might be interested in passing the following link on to your bushwalking members as we believe that this may be of great interest to them. Stowaways Adventure is proud to announce a brand new product just being introduced to the Australian market, The Outpack, Australia's first combined backpack and hammock ideal for those long hikes over night or over the weekend through the Australian bushlands, where you can easily carry your overnight food and sleep comfortable. The Outpack also comes in 2 new bright colour styles to help stand out in case of emergencies. You can find the Outpack via the link listed below or just search Outpack on www.ebay.com.au . If you have any queries relating to this please feel free to email us and we will keep you updated.

http://stores.shop.ebay.com.au/Stow-Aways-Adventure_W0QQ_armrsZ1



COMBINED CLUB CAMPOUT

The Capricornia Bushwalking Club is hosting the 2010 May Day weekend Combined Club Campout at Kooyalee (Girl Guides Bush Camp) and invites your members to come and share good treks and make lasting friendships. All people attending the campout (including Capricornia Bushwalkers Inc) must be financial members of a bushwalking club (for Insurance coverage).

Date: 1 May to 3 May 2010. Registration/setting up can start after 3:00pm Friday 30 April.

RSVP: 21 April. To help with catering of the meal, could somebody, please let me know the numbers from their club attending, and for the meal. Email Darryl at capbushwalkers@gmail.com

More information available on request from Sue Reid.



Winter is coming and so are the Brisbane Living Heritage Night walking tours. Take a look at what's on offer ...

Sacred Sounds & Spaces - Saturday July 3

Take a closer look (and listen!) at the art and architecture of Brisbane's historic churches, chapels and cathedrals.

Sites of Separation Revisited - Wednesday July 28

Follow this lively heritage trail through the CBD with Brisbane historian and author Dr Rod Fisher.

See the BLHN website for further details and prices.

http://www.brisbanelivingheritage.com/01_cms/details.asp?ID=738

Regards, Nicole Schellback Co-ordinator Brisbane's Living Heritage Network

t 07 3215 0843 m 0431 911 971 (Tuesday - Thursday) www.blhn.org



Club Equipment for Hire

The club has some equipment available for hire to members on club outings.

Equipment available includes:

- 3 person tent - suitable for base camp
- 2 person light weight tent
- Stove
- Self inflating mat (2)
- Backpack - (large)
- Backpack – (small)
- Billies
- Large poly tarp 3.4m X 5.4m, with pegs, ropes and poles

Charge is \$20 for a weekend with a deposit of \$20 per item payable. The deposit will be refunded upon return of each item in good condition.

The Club also owns short range two way radio's and an EPIRB that can be borrowed for a club activity.

Contact Kevin Blain to arrange hire/borrowing: Phone: 3821 2187 or email kevin.blain@twocruisers.com



Please remember if you want your walk report/photos to appear in the newsletter have them to my email by the last day of the month. Email suz_reid@hotmail.com.

MEMBERS REMINDER:

It is each member's responsibility to contact the walk leader (preferably by phone) and confirm attendance and arrange transport. Please DON'T send emails to the club email address as most walk leaders do not have access to this email and as it is not visited everyday, your message may not be passed on in time.