



October 2014

Next Club Meeting

Wednesday, 8 Oct 2014

7:00pm for 7:30pm start

Indigiscapes Centre, Runnymede Rd, Capalaba
Special Meeting re. proposed fee changes

Presidents Report



We have just returned from a most enjoyable long weekend base camp organised by Trevor and Hilary at Girraween National Park. This trip was well patronised and all members who participated enjoyed themselves exploring both on track and off track adventures. Highlights were the awesome granite geological forms, the wide variety of wild flowers and the camaraderie relaxing by the camp fire at night.

Our end of year Christmas party at Spring Gully Stays draws nigh. The organisers Laurel, Marika, Beatrice and Rhonda have thrown themselves into this task with great energy and I know we are all in for a treat. The ladies are needing your support in order to organise things smoothly for us. The ladies would most appreciate if you could EFT your payment into the club's account as soon as possible (refer to Christmas Camp emails for payment details) or pay at the meeting, in order for them to get the catering etc organised.

Note that the judging of the photo competition will occur at November's club meeting. Would you please choose and present your photos ASAP to Denise Kolcze and Sue Reid. The cards on which to mount the photos can be purchased from Denise and Sue at the meeting.

You probably are aware that an increase in our membership fees will be discussed at this Wednesday's meeting. Betty our treasurer will be outlining the need for a slight increase in fees in order for the club to continue to operate efficiently. Please note that the committee has reviewed Betty's figures and is in agreement with her thoughts on this matter. The members will have the opportunity to voice their concerns or approval during the course of the meeting before a vote is taken to decide whether to adopt the committee's recommendation on this motion.

The club has recently purchased from Sunmap two DVDs containing maps of popular hiking areas in Queensland. Hopefully members will soon be able to access printed maps etc to assist those leading walks and those planning to lead walks in the future.

Last year my dear wife Lynn organised an end of year local social dinner at Mambo Greek Café in Cleveland. With such a great time being had by all last year Lynn has decided to organise this social event again on Thursday 18 December. Helen the Greek owner has agreed to provide the same menu again this year at a cost of \$35/head. If you would like to attend, please sign your name on the sign on sheet at the meeting and EFT to : Account name: P & L Endacott; BSB: 034/070; Acc. No. 351426 with your name attached or pay at this week's meeting. (Lynn will not be attending November's meeting and there is no club meeting in December.)

A recent article "Ticks and tick-borne disease protecting yourself" was sent to our members via email. I found this article very interesting reading and it is certainly a topic that we as bushwalkers need to be informed about. You will find the article a worthwhile source of information to protect yourself from these arachnids.

See you on the track!

Peter Endacott



Photographic Competition

This is your final opportunity to enter your mounted photo's for the photographic competition.

- Categories for 2014 are:
 - Landscape - scenery
 - Nature - snakes, flora, birds etc
 - People - funny shots, abseiling, kayaking. Please make sure that you have the person's permission before entering them into the competition.
 - These three above must be sign on activity ones.
 - Open - this can be any trip that you have done in the last year.

All entries will be displayed and announced at the November meeting.

The committee have kindly donated \$200 which will be used for the prizes of 1st \$30 and the 2nd and 3rd \$10 each.

Happy snapping
Denise and Sue





New Members

Welcome to: Christina Dott

This now brings our total club membership to 108 including our new member.

We hope you enjoy your membership with us and we look forward to meeting you on the track sometime.



"Quote of the month"

Day 1 - Glasgow airport in middle of night

Customs man....." Good evening, Malcolm and Anne, welcome to Scotland. There is a big high over the country so you should have a few days of fine weather. You don't want to be here in winter!"

Day 4 - having spent 3 days in Glasgow

R hay-v bin een Glaz-gay foo-r 3 dees an r hay-v nit hear-ed won word of ainglish!

My ear must be way out of sync. The Glasgow youngsters sound almost Arabic to me.

Days 5 to 11 in the Highlands

"You are driving too quickly on these one lane roads bolted to the side of a hill just above a fathomless loch.....slow down! I don't want to die"

Malcolm



RBC

🎵 CHRISTMAS CAMP 🎵

Ho Ho Ho 🎵.....to Redlands Bushwalking Club members.....

We are looking forward to seeing you all at the **Christmas camp at Spring Gully Stays in Canungra, Friday 28th - Sunday 30th of November.**

The committee is planning a wonderful Christmas weekend together, sharing food and walks, sharing laughter and fun.

NOW is the time to think of a plate to share at Saturday night dinner and to plan a Christmas outfit to dazzle all of your bushwalking buddies at the Saturday night dinner.

NOW NOW NOW NOW is the time to do an internet transfer to avoid the queues at the October meeting or we welcome you to pay cash at the meeting if you prefer.

Check the attachment for all the details. The Christmas committee would very much appreciate your prompt reservation for catering purposes.

Ho Ho Ho 🎵

From the **Christmas Camp Committee**



Activity Reports

Where: Coomera Circuit, Lamington National Park

When: Sunday 14th September

Leaders: Leah Stephens

Our group of 10 walkers met at Binna Burra carpark at 8am on a lovely sunny Sunday morning. The first part of the walk followed the Border track, and the Coomera Circuit branched off it about 2km in.

It was only 10am when we reached the lookout – a spectacularly deep gorge, with a fair amount of water coming over the waterfall. The scenery along the next part of the



track was very

pretty, as it followed the gorge up in a gentle but steady climb through the rainforest, past a number of waterfalls, cascades and mossy green glades. The lower creek crossings have large stepping stones placed across them, which were quite slippery in areas but we managed them without any problems.

An early lunch stop was made sitting on some rocks in the creek beside one of the last sets of waterfalls before rejoining the Border Track for the final 8km tramp back to the carpark. We started to get some showery rain as we walked the final few km's, but the sun seemed to come out again as we finished up by 3pm with a coffee at the Binna Burra cafe.

Thanks to my fellow walkers for the wonderful company... another lovely day walking the Coomera Circuit!!... Nooshin, Lynn and Peter, Bob and Ruth Jennifer, Bev, Judith and Samantha.



Where: Pages Pinnacle
When: 14 Sept '14
Leader: Mats Andersson

It seemed like someone had tried to stop us from climbing the Pinnacle altogether by creating a moat, the access path lead from the road straight down into the water.

Undeterred we turned sharply right and circumvented the aquatic barrier and continued up the hill. I don't think that stopping people from Pages Pinnacle was the main reason for spending millions on raising the water level in Hinze Dam though.

This time we did a "little" detour of about ten kilometres up the range and then down again, then up, then down, then up, then down, all in all 1000m of climbing before we even reached the goal for the day.



The two razorbacks were as exhilarating as always, they never fail to get the heart pumping a bit extra. A couple of climbers were setting up for an abseil as we passed on our way out. A bushfire had burned through much of the vegetation around the Pinnacle including the summit so the views were better than ever from the top.

The experience was marred by a whole heap of rubbish left at the top by some "Nature lovers", it is sad that people take the trouble of dragging stuff out into nature, but can't be bothered to carry it out again.

Our task for the day completed, we set off for the usual hunt after a coffee shop and found a splendid one on top of Hinze Dam wall. We could see the Pinnacle from where we sat, which was a bonus.

Walkers(Scramblers) were: Beatrice, Alison, Jillian, Julie, Rebecca, Jacob and Mats.



Where: Mt Barney – South East Ridge

When: Saturday 27 September 2014

Leader: Judy Moody-Stuart

Five of us set off from Yellowpinch shortly before 7.30 on Saturday morning. With the rain earlier in the week I had expected to get wet feet as we crossed the ford but the water level was quite low. I was relieved to pass my first navigational challenge which was to not walk straight past the turnoff to South East Ridge. The walk from here up the ridge towards the first bit of rock is always a slog and as the day was turning out quite warm one member of the party thought they might bale out but was bludgeoned (politely I hope) into continuing. Although the route was quite clear I did try a brief variation of the obvious track at one point but was quickly put right by Betty.



The rock was dry enough to make any areas of scrambling easy and we reached the top of East Peak by 11:45. There were a few clouds about but we had clear views in all directions and no other walkers up there to disturb our solitude or to take our group photo! As there was no one prepared to disagree with me I was able to point out Edinburgh Castle and North Obelisk in the distance, although somebody who actually knew might have called them something quite different.

We managed the descent to the Old Hut site by keeping West Peak in front of us but I still came out a few metres downstream of where we should have been which was quickly fixed by the rest of the group who thought they had spotted a clear area. After a brief stop in Rum Jungle we continued our descent down South Ridge. Beatrice announced with great accuracy exactly how long it was going to take to reach the bottom, although exactly what constituted the bottom didn't seem as certain to some of us.

Thank you to Betty, Gerry, Jacob and Beatrice for joining me on the walk.



Where: 2014 Pilgrimage

When: 5-7 Sept, 2014

Twelve Redlands Bushwalkers had a wonderful time at the Bushwalkers Pilgrimage. We camped on the beautiful shores of Lake Moogerah at Camp Laurance, spending the weekend catching up with old friends and making new from other bushwalking clubs with plenty of laughing, talking, walking, eating, dancing, canoeing and finished the weekend abseiling.

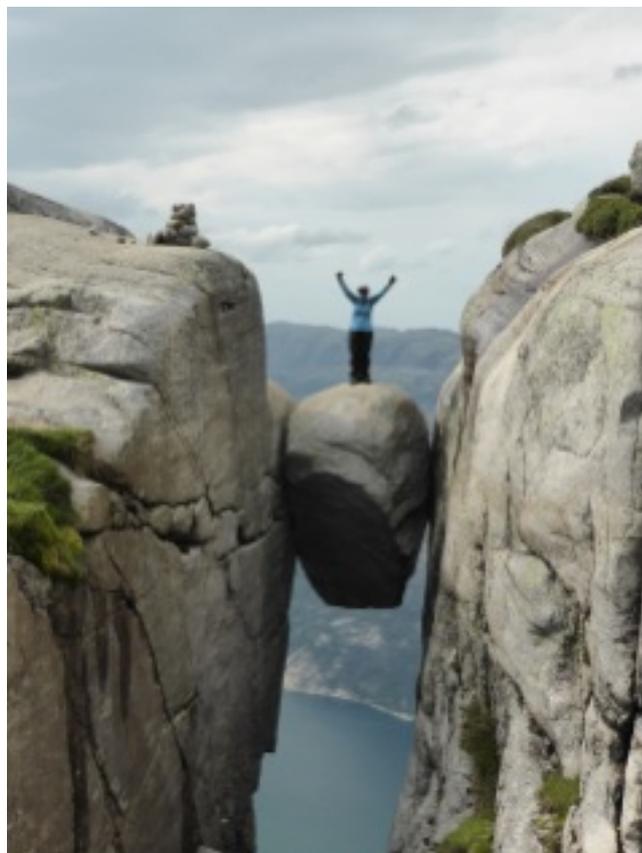
Betty



The things our fellow members get up to!!

Here's a "spectacular" item. An activity carried out by Carmel Cash in her current walking trip in Scandinavia, in her words....

I'm standing on 'The Chockstone' in Norway on 10th August. One of the days on my Adventure in Scandinavia. Another 'Magic' day! Early start by bus from Stavanger to Lauvvik, the cruise on boat to Lyseboth. We headed up to



Oygardstol to start our hike to Kjerag, 'The Chockstone' an amazing day..... standing in the middle of this wonderful scene. An awesome experience.....!!!! Still smiling!

Carmel



WALK GRADINGS:

Distance		Terrain		Fitness	
S	Short Under 10k, per day	1-3	Graded track or open terrain, no scrub	1-3	Easy. Suitable for beginners
M	Medium 10-15k, per day	4-5	Off track, bush, minor scrub, rainforest, rock hopping, minor scrambling	4-5	Medium, reasonable fitness required
L	Long 15-20km per day	6-7	As above + thick scrub. Major rock scrambling using hands.	6-7	As above + agility required
X	Extra Long 20km+ per day	8-9	As above + rope and technical ability required	8-9	Hard strenuous, fit walkers only

AB	Abseiling	DW	Day Walk	TW	Through Walk
BC	Base Camp	SOC	Social	XT	Extended Trip
R	Bike Ride	TR	Training		

EXAMPLE:

The Albert River Circuit at O'Reilly's is 22km long all on graded track, it would be graded as: **DW X 3 5**



Important Information

Guidelines for Club ethics:

- When nominating for a walk, members and visitors have an obligation to write legibly on the nomination form.
- Please contact walk leaders at least early in the week before a walk. If you leave it till Thursday or Friday night you may be disappointed to find that the walk has been cancelled, due to apparent lack of interest. Also dates, details etc. can & do change. Leaders give their time to organise walks and need to know if they are committed to lead a walk. The leader may assign you to a car for the trip.
- Read the walk description and note the rating. If you are unsure of your abilities, please discuss this with the leader before nominating. Neither you nor other walkers will have a good day if your fitness is not of a suitable standard.
- The leader of a walk has the final say on whether a person can come on a walk. Members and newcomers should be aware of this and accept it.
- Do you have a health problem that may affect your performance on a walk? It is important that you inform the leader of this and discuss the matter.

- If you have commitments after a walk please discuss this with the leader before commencing a walk. Leaders cannot guarantee the time of return, due to weather, terrain & the expertise of walkers.
- Arrive at the agreed meeting point before the set time. We try to be punctual. Late walkers can be left behind!
- It is a normal practise to share the costs of transport to and from a walk. This may vary between car owners and may be as simple as sharing the cost of the fuel among the passengers or a fixed amount for example: (10-20kms - \$5/person; 20-50kms - \$8/person; 50-100kms - \$10/person; 100-200kms - 15/person; 200-250kms - \$20/person; 250-300kms - \$25/person) Discuss this with your driver.
- Please have a change of clothes and shoes available in the car for the return journey as a courtesy to your companions and the car owner.

DAY WALK CHECKLIST:

Please ensure you have the following items so you are prepared for any eventuality whilst on a day walk.

ABSOLUTE ESSENTIALS:

- Boots (must be fully enclosed – no sandals. Boots are preferable although joggers are suitable for most social walks).
- Gaiters or long pants (unless otherwise specified).
- Daypack of sufficient capacity to carry all your needs.
- Water – Minimum of 2 litres – (bladder or two separate containers).
- Torch/headlamp with spare batteries. (Lithium batteries are lighter and last longer than alkaline batteries).
- Raincoat or Poncho.
- First-aid kit
- Whistle
- Lunch and snacks.

RECOMMENDED:

- Light fleece or Thermal top.
- Pack liner and pack cover. (protects pack contents in case of rain)
- Sunscreen and insect repellent.
- Rubbish bag (we take out what we take in; also for wet muddy gear).
- Map and compass (ideally the leader is not the only one with these items).
- Toilet paper and trowel.
- Spare change of clothes in a bag to be left in the car for the return journey – be considerate of fellow passengers and those who provide the transport.

OPTIONAL ITEMS:

- Camera or binoculars.
- Walking poles.
- Gardening gloves or similar for off track walks.

IMPORTANT:

1. Trip leaders can choose to leave you behind if you are not properly equipped.
2. Keep to walks within the bounds of the walk grading as shown on the walk calendar.



RBI Walk Leaders Guidelines

Just Before the Walk Starts:

- Arrange cars and passengers before the walk starts. Make sure everyone knows what is happening and can put changes of clothing etc into the appropriate cars.
- Check that people have sufficient water and appropriate clothing for the trip.
- Make absolutely sure you know how many people are on the walk, count people and check against names on the list. Call out names and tick the boxes. This sounds trivial, but mistakes have occurred.
- Make sure all members of the party are fully aware of what is planned. The leader using a map could show the planned route.
- Explain the significance of the route (e.g. "We go up this steep hill shown here.") to any inexperienced walkers.
- Make sure everyone meets each other. Normal tradition is to stand in a circle and introduce yourself in turn. This is a good chance to count heads and make sure everyone is ready to go.

- Nominate a 'tail-end-Charlie' to be at the rear of the group. This is even more important on walks off-track where there may be thick vegetation with poor visibility. Explain the role of 't.e. Charlie' to keep stragglers with the group and note if anyone needs to duck off for a moment.
- Explain any rules you would like group to adhere to e.g.: toilet stops, keep person behind you in sight, people in the lead to stop every 15-30 minutes for tail to catch up, and stop at any track junctions to regroup, Do not separate the party.
- Do not start until everyone is ready to leave, and check soon after leaving that everyone is there. It is a good idea to call for a stop soon after the start of the day's walking (about 5-10 mins) to provide an opportunity to adjust shoelaces, remove pullovers, adjust packs.
- At the end of the walk, before leaving the carpark, have everyone sign off on the walk nomination sheet to ensure everyone is accounted for.
- Return completed trip sheets to the outings officer.
- And last but not least; Enjoy your walk

Ted Wassenberg

