



July 2015

Next Club Meeting

Wednesday, 8 July 2015

Indigiscapes Centre, Runnymede Rd, Capalaba

7:00pm for 7:30pm start

President's Report

Let's make some time to dawdle.

It has been an odd June with unseasonable rain and miserable weather but it looks like July is off to a very good start. Those of us that were fortunate enough to spend the weekend camping experienced both frost and excellent sunny skies.

A question to all leaders from the photographic committee:

We have a photo competition coming up, is it possible to allow more time for walkers to stop and take photographs along the tracks?

I think this sound like a very good idea indeed. Perhaps we are rushing too much on our walks in general? When we were up on the beautiful Glen Rock Tablelands in the weekend, Tracy asked if we had time to dawdle, so dawdle we did and there couldn't be a better place for it. Perhaps we should plan some "dawdle time" for every walk in order to allow us to fully appreciate our beautiful environment. It is also a very good excuse for people like me who are now terribly unfit to pretend to look at flowers while we are catching our breaths.

See you on a track somewhere, looking forward to some dawdling!

Mats- President





PHOTO COMPETITION 2015

The 2015 Photo Competition has started!.....So get your cameras out and start taking photos now.

The aim of this competition is to challenge those with an interest in photography by providing a variety of photo categories for them to express their creativity and share their interpretation of a scene or activity.

The competition is open to all members and there are prizes just to make it a little more interesting.

The judges are qualified people in the industry.

Your camera does not need to be the top of the range at all. A little point and shoot camera can often take a much better shot than the big expensive camera. It depends on your eye for photography as it is often the composition and the content of the photos that counts. So have fun and snap away.

2015 Categories:

- ✓ **Landscape** - scenery (can include people in the photo)
- ✓ **Nature** - flora and fauna
- ✓ **People** - club member on a club activity involved in an activity or funny situation
- ✓ **Open** - photos by a club member on an activity associated with bushwalking. Can include instate or overseas trips or FMR activities or walks with club members which are not officially signed on activities.

(Note - Categories 1, 2, 3 need to be "signed on" club activities)

General info:

- Photo size - 150 x 100 mm (6 x 4 inch) photo
- Entries on black card - packs of 3 are available at each club meeting \$1 per pack
- Cost of entry \$1 per photo
- Photos need to be taken between 1st August 2014 and October Club Meeting 2015
- Entries close at October 2015 Club Meeting.
- Photoshop or any other editing program **MUST NOT** be used. The photos must be original.

Entry Details: View and print entry details:- [HERE](#)

Queries:

Photo Competition Committee - Rob Santry, Ros Tolcher, Laurel Santry
Rob Santry - mob 0416 150737 or email - laurelandrob.santry@gmail.com



Previous year's results details:- [here](#)

Also, we are lucky enough to have Julie Geldard from "I Photograph Magic", as our judge again this year. Julie has been the judge for the Club's photographic competition for the last 3 years and has conducted a number of workshops and photographic walks for the Club. She is an active member of our Club and runs 6 week Photographic courses.

[Seeking Walk Leader Support for PHOTO COMPETITION 2015](#)

The 2015 Photo Competition Committee would like to enlist the support of walk leaders for the months of July and August. We encourage you to please allow time for those on your walks to be able to take photos in the hope that this will encourage members to enter our 2015 competition. We feel it will also give those not taking photos the opportunity to appreciate the environment and scenery also.

Please also encourage your members to always consider taking their cameras (including iPhones etc) on your walks as they do not have to be professional photographers nor have a fancy camera to be able to enter the competition.....there are always many opportunities for photo taking on walks and we would like you to encourage all members to see these opportunities.

Many thanks
Photo Competition Committee



WALK GRADINGS:

Distance		Terrain		Fitness	
S	Short Under 10k, per day	1-3	Graded track or open terrain, no scrub	1-3	Easy. Suitable for beginners
M	Medium 10-15k, per day	4-5	Off track, bush, minor scrub, rainforest, rock hopping, minor scrambling	4-5	Medium, reasonable fitness required
L	Long 15-20km per day	6-7	As above + thick scrub. Major rock scrambling using hands.	6-7	As above + agility required
X	Extra Long 20km+ per day	8-9	As above + rope and technical ability required	8-9	Hard strenuous, fit walkers only

AB	Abseiling	DW	Day Walk	TW	Through Walk
BC	Base Camp	SOC	Social	XT	Extended Trip
R	Bike Ride	TR	Training		

EXAMPLE:

The Albert River Circuit at O'Reilly's is 22km long all on graded track, it would be graded as: **DW X 3 5**

Guidelines for Club ethics:

Activity Reports

Where: Mount Cotton

When: Sunday 14th June 2015

Leader: Joan Arnell

The weather looked threatening, but that didn't stop us! I had fifteen on the list, and fifteen showed up! Not one Sugar-Baby. We started off wearing our rain jackets, but soon discarded them, and had a rain-free walk. It was a great group, and the seven non-members fitted in very well. With Geoff at home sick with a cold, I was pleased that Steve came along – thanks for your assistance Steve.



For nearly everyone on the walk, it was their first time up Mount Cotton – also their first time to the West Mount Cotton café. The food, coffee and friendly service was again first class.

Welcome to Wendy, Wendy, (yes, two Wendy's) Russell, Fay, George, Gail, Peter. We hope to see you again. Also thanks to members Helen, Julie, Sharon, Renate, Jennifer, Rhonda and Steve for supporting the walk.

Joan Arnell



Where: Mid week walk – Mt Maroon

When: 18 June 2015

Leader: Ted Wassenberg

The inaugural midweek day walk was a washout, with lots of rain. Bob, Arif and I were flexible in our arrangements but the three girls who had signed on could only walk on the Wednesday as that was their day off. The three of us thus decided to go to Mt Maroon on the Thursday if the weather was good. That is what happened.

Arif arrived at my place and we drove to Rathdowney to meet up with Bob and then on to Mt Maroon. We had perfect weather, cool breeze and lots of sunshine. The route was up the Cotswold track, we rested at the top of the gully for morning tea from where we could see people on the summit. When we arrived at the summit, we were greeted by a West Papuan who was bare foot and fluent in English and an Australian. The Papuan had boots but left them at the bottom of the mountain preferring bare feet for the climb. We enjoyed each others company over lunch and then we parted. On the way home we three stopped for refreshments at the new café in Rathdowney. In all we had a very pleasant day.

Ted Wassenberg



Where: Bellbird Grove

When: Sunday, 14 June '15

Leaders: Leisa Harris & Gary Phillips



Whilst having a chat on the walk it was suggested (by a wise and experienced walker) that we could all have input to the article for Ramble On. Below are some anonymous comments from members who attended the walk :

" Great company and invigorating walk".

"Beautiful nature walk. Wonderful afternoon tea, thanks Gary, Fiona and Leisa".

"Pretty views, great training, good company. Enjoyed arvo tea too!"

"Great place - different area to visit. Very capable leadership. A very nice bunch to walk with. Rest time by a beautiful billabong was a bonus. Interesting wildlife - white cockatoos + + +, long necked green turtle (large), huge earthworm (? The Enoggera worm). Beautiful views around the dam, very green and restful looking. Some serious "ups" but doable."

"Nice long walk with all the wildlife, giant worms, ducks, cockatoos, turtles, Red Dog & crazy Redland Bushwalkers!"

"Another great RBC walk! Four Mongrels in the one day! Mt Cotton - you'll never worry me again!"

"Wonderful leaders, great walk, "someone told porky-pies!"

Walkers were: Marilyn, Wayne L, Julie, Ken, Judy, Jillian, Mike, Stephen, Kerrie, Gary, Fiona, Leisa



Where: Lower Ballanjui Falls Walk Report

When: 13 June, 2015

Leader: Nemyra Hawkins

Grey skies and the occasional rain sprinkle welcomed our group of 9 walkers, including 3 visitors, when we gathered at the car park outside the Binna Burra teahouse for the walk. However, the gods were kind to us and the rain held off for the duration of the walk, reappearing only when we were seated in the teahouse for lunch. Thankfully the



leeches held off also, and there was only one sighting of a malnourished specimen - which remained malnourished due to the agility of its intended victim.



We had some keen photographers in the group, and there was plenty of material for the Club photo competition – the impressive “big foot” tallow-wood, several scenic lookouts over the valley, some caves, interesting “people” shots, and the rock pool and falls where we stopped for morning tea. The falls were quite beautiful and bountiful following some fairly recent rains.

We returned to the car park along the same track – of course, what comes down must also go back up. After a steady uphill return, we emerged from the rainforest to be greeted by the sight of a sleepy tawny frogmouth, conveniently posed on a nearby branch for our photography enthusiasts.

Lunch at the teahouse happened a little later than anticipated, but it was ample and delicious, and a welcome reward at the conclusion of our walk.

Thanks to all who participated and made the day so enjoyable.

Nemyra Hawkins



Where: Sundown Northern Circuit

When: 6 – 8 June

Leader: Mats Andersson

The Queen’s Birthday requires to be celebrated in style, so why not do one of the best walks in South East Queensland? That is what I thought, but in the end only five members showed enough royalist fervour to join in. Is the club turning into a hotbed of republican sentiment?

Constitutional matters aside, the walk was as good as ever, we started from the old homestead site just before lunch on Saturday, shouldering our packs with the usual groan, a quick walk up the maintenance track found us having a break up on top of Mt. Lofty at 1067m, enjoying the views to the north and east. We then went down, down, and then some more down to join up with Severn River, our goal for the day. The campsite was an open clearing on a knoll above the river, but there was no shelter from the chilly breeze that blew up in the evening, so we made for an early night.





The second day, we descended to the river and zig-zagged down into the river gorge, past waterfalls and rapids, the country here is truly wild with beautiful sheer red cliffs framing the river valley. The river was high after the recent rains which meant that the waterfall was massive, but had the side effect that we had to wade on numerous occasions as we crossed and re-crossed the river. Mid afternoon saw us at the Red Rock Creek junction, where we camped the night.

Monday was cool and sunny and we walked and scrambled up the narrowing Red Rock Gorge towards the huge red wall that is Red Rock Falls always impressive. A scramble up the side got us to the top of the falls, it was made a bit harder than normal by some tree falls, but still OK. After enjoying the view for a short while, we did the last push up to the viewing platform and then on to the car, the road was extremely rutted and rough, but Ted managed to guide us back to the start unscathed.

Walkers were: Tracy, Marika, Nigel, Ted and Mats



Where: Mount Joyce
When: 20-21 June, 2015
Leader: Mats Andersson

We were a group of seven walkers that took the long way around to the Mt. Joyce homestead. The track started off winding in and out around the bays of the Wyaralong Dam, but soon took us up towards the spine of the Mt. Joyce ridge where we spent most of the day on a roller coaster of knolls and saddles. It was hard work at times but the rewards were many in the shape of magnificent views in all directions. Just before we hit the summit, we caught a glimpse of our goal for the day, way, way below us, a lovely clearing with a couple of houses. After a brief stop at the top, we started down the occasionally very steep ridge towards the dam and were soon at the campsite where we were greeted by Margie and Dave Rae, they had cheated and gone in the short 7km from the dam.

A few of us put the tents up, some slept in the house, there are bunks you can sleep on. The evening was spent yarning away around the huge barbecue setting that has been installed on the veranda.

After a good night's sleep we packed our things and took off along the track all the 16.5 km back to the cars, a task a fair bit easier than the previous day as we stayed mainly at the level of the dam. We were a bit footsore when we finally arrived at the cars early afternoon.

A quick coffee at McDonalds in Beaudesert and then it was a long drive back to reality.

Walkers were: Betty, Roger, Julie, Stephen, Bev, Marika and Mats.





Important Information

- When nominating for a walk, members and visitors have an obligation to write legibly on the nomination form.
- Please contact walk leaders at least early in the week before a walk. If you leave it till Thursday or Friday night you may be disappointed to find that the walk has been cancelled, due to apparent lack of interest. Also dates, details etc. can & do change. Leaders give their time to organise walks and need to know if they are committed to lead a walk. The leader may assign you to a car for the trip.
- Read the walk description and note the rating. If you are unsure of your abilities, please discuss this with the leader before nominating. Neither you nor other walkers will have a good day if your fitness is not of a suitable standard.
- The leader of a walk has the final say on whether a person can come on a walk. Members and newcomers should be aware of this and accept it.
- Do you have a health problem that may affect your performance on a walk? It is important that you inform the leader of this and discuss the matter.
- If you have commitments after a walk please discuss this with the leader before commencing a walk. Leaders cannot guarantee the time of return, due to weather, terrain & the expertise of walkers.
- Arrive at the agreed meeting point before the set time. We try to be punctual. Late walkers can be left behind!
- It is a normal practise to share the costs of transport to and from a walk. This may vary between car owners and may be as simple as sharing the cost of the fuel among the passengers or a fixed amount for example: (10-20kms - \$5/person; 20-50kms - \$8/person; 50-100kms - \$10/person; 100-200kms - 15/person; 200-250kms - \$20/person; 250-300kms - \$25/person) Discuss this with your driver.
- Please have a change of clothes and shoes available in the car for the return journey as a courtesy to your companions and the car owner.

DAY WALK CHECKLIST:

Please ensure you have the following items so you are prepared for any eventuality whilst on a day walk.

ABSOLUTE ESSENTIALS:

- Boots (must be fully enclosed – no sandals. Boots are preferable although joggers are suitable for most social walks).
- Gaiters or long pants (unless otherwise specified).
- Daypack of sufficient capacity to carry all your needs.
- Water – Minimum of 2 litres – (bladder or two separate containers).
- Torch/headlamp with spare batteries. (Lithium batteries are lighter and last longer than alkaline batteries).
- Raincoat or Poncho.
- First-aid kit
- Whistle
- Lunch and snacks.

RECOMMENDED:

- Light fleece or Thermal top.
- Pack liner and pack cover. (protects pack contents in case of rain)
- Sunscreen and insect repellent.
- Rubbish bag (we take out what we take in; also for wet muddy gear).
- Map and compass (ideally the leader is not the only one with these items).
- Toilet paper and trowel.
- Spare change of clothes in a bag to be left in the car for the return journey – be considerate of fellow passengers and those who provide the transport.

OPTIONAL ITEMS:

- Camera or binoculars.
- Walking poles.
- Gardening gloves or similar for off track walks.

IMPORTANT:

1. Trip leaders can choose to leave you behind if you are not properly equipped.
2. Keep to walks within the bounds of the walk grading as shown on the walk calendar.



RBI Walk Leaders Guidelines

Just Before the Walk Starts:

- Arrange cars and passengers before the walk starts. Make sure everyone knows what is happening and can put changes of clothing etc into the appropriate cars.
- Check that people have sufficient water and appropriate clothing for the trip.
- Make absolutely sure you know how many people are on the walk, count people and check against names on the list. Call out names and tick the boxes. This sounds trivial, but mistakes have occurred.
- Make sure all members of the party are fully aware of what is planned. The leader using a map could show the planned route.
- Explain the significance of the route (e.g. "We go up this steep hill shown here.") to any inexperienced walkers.
- Make sure everyone meets each other. Normal tradition is to stand in a circle and introduce yourself in turn. This is a good chance to count heads and make sure everyone is ready to go.
- Nominate a 'tail-end-Charlie' to be at the rear of the group. This is even more important on walks off-track where there may be thick vegetation with poor visibility. Explain the role of 't.e. Charlie' to keep stragglers with the group and note if anyone needs to duck off for a moment.
- Explain any rules you would like group to adhere to e.g.: toilet stops, keep person behind you in sight, people in the lead to stop every 15-30 minutes for tail to catch up, and stop at any track junctions to regroup, Do not separate the party.
- Do not start until everyone is ready to leave, and check soon after leaving that everyone is there. It is a good idea to call for a stop soon after the start of the day's walking (about 5-10 mins) to provide an opportunity to adjust shoelaces, remove pullovers, adjust packs.
- At the end of the walk, before leaving the carpark, have everyone sign off on the walk nomination sheet to ensure everyone is accounted for.
- Return completed trip sheets to the outings officer.
- And last but not least; Enjoy your walk

Ted Wassenberg