



P.O. Box 101 Cleveland 410

July/August 2017

Next Club Meeting

Wednesday, 9 August 2017

7:00pm for 7:30pm start

Indigiscapes Centre, Runnymede Rd, Capalaba

President's Report

We are now well and truly getting into the second half of 2017 and like most of you, I am wondering where has this year gone? No doubt we will have the obligatory Christmas advertising season commence before we know it as well - and I am going to get in early and talk about our annual Christmas gathering.

It is being held at the same venue as in previous years - Spring Gully Stays at Canungra over the weekend of 24 - 26 November. I attended in 2016 for the first time and all I want to say is, "what goes on tour should stay on tour" (Not so subtle note to Geoff!). Please contact Geoff Arnell (0448 946 682) for further details on our annual Christmas gathering.

Moving right along, we have something very different taking place at our next club meeting on August 9. Mayor Karen Williams will be our guest speaker for the evening. Mayor Williams will also be accompanied by Leo Newlands, who is the Policy, Planning and Trails co-ordinator for the Redland City Council's Parks and Conservation Unit. I trust that you will make Mayor Williams and her staff feel welcome as we want to develop a closer working relationship with the Redland City Council for the benefit of our club.

For the August club meeting, all other agenda items will be postponed until the September meeting. Please refer to the club website for details on upcoming walks and any other queries.

The other significant upcoming event is the 2017 Annual Bushwalkers Pilgrimage, which is being held at the Killarney Showgrounds on 6 - 8 September. There is plenty of additional information available on the website and please speak with Betty Murray (0448 946 682) if you need anything further.

I want to finish off with a couple of additional fairly significant items. Firstly we are still seeking volunteers for two committee positions that are still vacant, namely a safety and training officer and a social co-ordinator. Please give me a call (0409 845 673) if you are interested and I can walk you through what is involved.

Secondly, we received the news this month that Jennifer Ivers, our longstanding newsletter editor has decided to hang up the mouse and keyboard. Jen has been doing a fantastic job for a long time (6 years) and will be sorely missed. Please join me in thanking Jen for her commitment in undertaking this tireless and sometimes thankless role which is very important for our club. So from all of us on the committee, a Big Thank You Jen.

This then creates an opportunity amongst you to take on the newsletter editor role for our club. It does not have to just one person, so if there are a couple of you out there that are interested, please let me know (sooner rather than later please).

I look forward to seeing you at our next club meeting on August 9 and hopefully out on the track soon too.

Cheers
Aaron



Photo Competition 2017 is now drawing to a close

Have you bought your backing card for your entries. August meeting will be the last chance to buy card as entries close September meeting.

Categories for this year – **PHOTOS TAKEN ON CLUB WALKS:**

- | | |
|----------------------|--|
| Newbies | For anyone who has never entered our photo competition before. You can submit any Club photo taken during the last 12 months of the photo competition. You can enter up to 10 Club photos in this section. |
| Nature | flora and fauna |
| People | taken of Club members on a Club activity |
| Landscape | scenery |
| Open category | for any photo associated with bushwalking not taken on a Club walk. |

- Photos need to be taken between 14 August 2016 and September Club Meeting 2017.
- Entries must be on black card - packs of 2 for \$1
- Cost to enter - \$1 per photo
- Maximum of 10 photos per person

So why not have a go and enter the competition. If fun and a great way to win some great prizes. Contact Julie Cummings if you would like to purchase backing card or enter the competition.

WE LOOK FORWARD TO RECEIVING YOUR PHOTOS

Upcoming Outings for August-September

Following are the outings for the coming month. Full details, including contact numbers for the Walk Leaders, are available on the Club Calendar on our website. The best of the walking season is right now. If you look at the vacant days on our calendar, you will notice that there are a lot of vacant days, just crying out for leaders willing to put on a walk. So please, if you can help, put an event no matter what level or activity. **Geoff Arnell - Outings Officer.**

Wed 09 Aug		Club Meeting	
W/E 11-14 Aug	Base Camp	Sommerville Valley Tourist Park near Girraween	Trevor Davern
Sat 12 Aug	Day Walk S T3 F3	Mount Cotton Walk	Julie Cummings
Sun 13 Aug	Day Walk S T5 F6	Mount Maroon	Jillian Wilson and Julie Cummings
Sat 19 Aug	Walk needed		
Sun 20 Aug	Walk needed		
W/E 25-27 Aug	Base Camp	Moreton Island Camping and Walking Weekend	Carmel Cash
Sat 26 Aug	Walk needed		
Sun 27 Aug	Day Walk	Piper Camanche, Brisbane Forest Park	Tracy Ryan and Betty Murray
Sat 02 Sep	Walk needed		
Sun 03 Sep	Walk needed		
W/E 2-3 Sep	Through Walk	Stradbroke Island	Geoff Arnell
W/E 8-10 Sep	Base Camp	Pilgrimage - Killarney Showgrounds (No Club walks to be held this weekend)	Betty Murray
Wed 13 Sep		Club Meeting	
Sat 16 Sep	Day Walk S T3 F3	Mount Cotton Walk	Amanda Fichna
Sun 17 Sep	Walk needed		
Sat 23 Sep	Walk needed		
Sun 24 Sep	Day Walk S T5 F5	Love Creek	Betty Murray and Tracy Ryan
Sat 30 Sep	Walk needed		

New Members

Welcome to: Tuija Orth, Dawn Campbell, Barry & Caroline Moberg, Geoff & Kathy Shannon, Toni Tanner, Katrina & John Diamond

We hope you enjoy your membership with us and we look forward to meeting you on the track sometime.



Bushwalkers Pilgrimage

The Bushwalkers Pilgrimage is the annual gathering of S.E.Q. Bushwalking Clubs and an event not to be missed.

This year it is being held at the Killarney Showgrounds and is hosted by YHA Bushies.

Their members have been planning this event since the 2016 Pilgrimage. Their club members have been surveying walks in the area and promise us some new and exciting ones. There will be walks of all levels including a Heritage walk through the streets of Killarney.

The early bird registration attachment is on our website calendar. The early bird cost is \$50 and includes:

2 nights unpowered camping (powered sites available) hot showers and loos

Friday night supper

Walks on Saturday

Dinner Saturday night put on by the Killarney Rodeo society.

Bush Dance with the band Ridgee Didge.

Sunday morning activities Yoga, bike rides and a talk by FMR re Mountain Safety.

Also entry to the RSL War memorial display and the Heritage centre.



We usually camp together as a club and we will put out a sheet nearer to the event so that you can organise car sharing.

Also those who prefer not to camp the Sundown Motel back fence joins the Showgrounds and anyone who wants to stay there can just pop through the back fence. So get your mates together make a booking remember to mention the Pilgrimage.

Think of it as a big base camp.



Redlands Bushwalkers Club

Invites you to the 2017 Christmas Party



At Spring Gulley Stays - 334 Sarabah Road, Sarabah (on the road heading towards O'Reillys)

Arrival on Friday 24 November - departing Sunday 26 November

Accommodation Charges - (see banking details below)

Camp Sites - \$12.50 per person per night, plus \$10.00 for extras

Safari Tents - \$25.00 per person per night, plus \$10.00 for extras

Food -

Friday night, Saturday breakfast and lunch - provide your own food

Saturday Night - bring your favourite Christmas fare. The Club will provide salads.

Sunday Morning - Breakfast will be catered by the Club.

Activities - will be varied, but include

Some Bushwalking

Volley Ball

Dancing till you drop

and mainly just Chilling Out

If you have any entertainment ideas contact Carmel, Leisa or Geoff

Sign on at the Club Meeting or contact Geoff - geoffarnell12@gmail.com

Online Banking Details -

BSB 034-070 - Account No. 220127 - A/C Name REDLAND BUSHWALKERS INC

REFERENCE your surname and reference e.g. JBloggs Xmas

You could also advise our Treasurer that you have made the transfer - email monica@deleacy.org or text 0437 900 061 **Or pay by cash at a meeting**



Activity Reports

Where: Numinbah Valley Circuit

When: 10 June 2017

Leader: Aaron Elsmore / Amanda Fichna

I have to admit that when Amanda first proposed this walk, I struggled with the getting the pronunciation of Numinbah correct. I guess like a lot of foreigners (Mexicans) (ie moved to QLD from the southern states), this has been an ever present issue and the name Finucane really springs to mind here. I had always pronounced this as FIN-o-cane until a taxi driver severely reprimanded me one evening and proceeded to correct my mistake by pronouncing the road name in question as Fa-NOO-kin.

So here we are, 6 members outside the Na-MIN-bar (Not NUMB-in-bar) valley school of the arts centre, where our first challenge is to cross the main road which is not something you are generally faced with when beginning a bushwalk. But, a big tick to everyone for crossing the road safely.

The 4 hr circuit walk had plenty of hills, with some areas having quite loose material underfoot as well a couple of relatively simple creek crossings.



Bushwalkers feeling very happy with themselves as they keep their feet dry.



Amanda has our full attention as she runs another informative lunchtime bushwalking masterclass.



Evidence of the recent storms earlier in the year is still very present.

One of the highlights of the walk was during a break when Alison and Arif got into a deep discussion on the level of detail you can get into when organising bushwalking activities. They were recalling some previous events within the club and had themselves in stitches which then became very contagious. I was assured that no characters either real or fictional were harmed during the production and I cannot recall having ever laughed so much on a bushwalk – so thank you Alison and Arif for providing this unexpected entertainment!



Our happy group of walkers then proceeded to make it to the end of the track before navigating across the main road again before a quick change of clothing en route to the Hinze Dam café for a well deserved coffee (and cake for some).



A big thank you to Alison, Amanda, Arif, Jene and Richard for another great day out in the wild. Aaron



Important Information

WALK GRADINGS:

Distance		Terrain		Fitness	
S	Short Under 10k, per day	1-3	Graded track or open terrain, no scrub	1-3	Easy. Suitable for beginners
M	Medium 10-15k, per day	4-5	Off track, bush, minor scrub, rainforest, rock hopping, minor scrambling	4-5	Medium, reasonable fitness required
L	Long 15-20km per day	6-7	As above + thick scrub. Major rock scrambling using hands.	6-7	As above + agility required
X	Extra Long 20km+ per day	8-9	As above + rope and technical ability required	8-9	Hard strenuous, fit walkers only

AB	Abseiling	DW	Day Walk	TW	Through Walk
BC	Base Camp	SOC	Social	XT	Extended Trip
R	Bike Ride	TR	Training		

EXAMPLE:

The Albert River Circuit at O'Reilly's is 22km long all on graded track, it would be graded as: **DW X 3 5**



Guidelines for Club ethics

When nominating for a walk, members and visitors have an obligation to write legibly on the nomination form.

- Please contact walk leaders at least early in the week before a walk. If you leave it till Thursday or Friday night you may be disappointed to find that the walk has been cancelled, due to apparent lack of interest. Also dates, details etc. can & do change. Leaders give their time to organise walks and need to know if they are committed to lead a walk. The leader may assign you to a car for the trip.
- Read the walk description and note the rating. If you are unsure of your abilities, please discuss this with the leader before nominating. Neither you nor other walkers will have a good day if your fitness is not of a suitable standard.
- The leader of a walk has the final say on whether a person can come on a walk. Members and newcomers should be aware of this and accept it.
- Do you have a health problem that may affect your performance on a walk? It is important that you inform the leader of this and discuss the matter.
- If you have commitments after a walk please discuss this with the leader before commencing a walk. Leaders cannot guarantee the time of return, due to weather, terrain & the expertise of walkers.
- Arrive at the agreed meeting point before the set time. We try to be punctual. Late walkers can be left behind!
- It is a normal practise to share the costs of transport to and from a walk. This may vary between car owners and may be as simple as sharing the cost of the fuel among the passengers or a fixed amount for example: (10-20kms - \$5/person; 20-50kms - \$8/person; 50-100kms - \$10/person; 100-200kms - 15/person; 200-250kms - \$20/person; 250-300kms - \$25/person) Discuss this with your driver.
- Please have a change of clothes and shoes available in the car for the return journey as a courtesy to your companions and the car owner.

DAY WALK CHECKLIST:

Please ensure you have the following items so you are prepared for any eventuality whilst on a day walk.

ABSOLUTE ESSENTIALS:

- Boots (must be fully enclosed – no sandals. Boots are preferable although joggers are suitable for most social walks).
- Gaiters or long pants (unless otherwise specified).
- Daypack of sufficient capacity to carry all your needs.
- Water – Minimum of 2 litres – (bladder or two separate containers).
- Torch/headlamp with spare batteries. (Lithium batteries are lighter and last longer than alkaline batteries).
- Raincoat or Poncho.
- First-aid kit
- Whistle
- Lunch and snacks.

RECOMMENDED:

- Light fleece or Thermal top.
- Pack liner and pack cover. (protects pack contents in case of rain)
- Sunscreen and insect repellent.
- Rubbish bag (we take out what we take in; also for wet muddy gear).
- Map and compass (ideally the leader is not the only one with these items).
- Toilet paper and trowel.
- Spare change of clothes in a bag to be left in the car for the return journey – be considerate of fellow passengers and those who provide the transport.

OPTIONAL ITEMS:

- Camera or binoculars.
- Walking poles.
- Gardening gloves or similar for off track walks.

IMPORTANT:

1. Trip leaders can choose to leave you behind if you are not properly equipped.
2. Keep to walks within the bounds of the walk grading as shown on the walk calendar.



RBI Walk Leaders Guidelines

Just Before the Walk Starts:

- Arrange cars and passengers before the walk starts. Make sure everyone knows what is happening and can put changes of clothing etc into the appropriate cars.
- Check that people have sufficient water and appropriate clothing for the trip.
- Make absolutely sure you know how many people are on the walk, count people and check against names on the list. Call out names and tick the boxes. This sounds trivial, but mistakes have occurred.
- Make sure all members of the party are fully aware of what is planned. The leader using a map could show the planned route.
- Explain the significance of the route (e.g. "We go up this steep hill shown here.") to any inexperienced walkers.
- Make sure everyone meets each other. Normal tradition is to stand in a circle and introduce yourself in turn. This is a good chance to count heads and make sure everyone is ready to go.
- Nominate a 'tail-end-Charlie' to be at the rear of the group. This is even more important on walks off-track where there may be thick vegetation with poor visibility. Explain the role of 't.e. Charlie' to keep stragglers with the group and note if anyone needs to duck off for a moment.
- Explain any rules you would like group to adhere to e.g.: toilet stops, keep person behind you in sight, people in the lead to stop every 15-30 minutes for tail to catch up, and stop at any track junctions to regroup, Do not separate the party.
- Do not start until everyone is ready to leave, and check soon after leaving that everyone is there. It is a good idea to call for a stop soon after the start of the day's walking (about 5-10 mins) to provide an opportunity to adjust shoelaces, remove pullovers, adjust packs.
- At the end of the walk, before leaving the carpark, have everyone sign off on the walk nomination sheet to ensure everyone is accounted for.
- Return completed trip sheets to the outings officer.
- And last but not least; Enjoy your walk

Ted Wassenberg